|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | LUNDI |  | MARDI |  | MERCREDI |  | JEUDI |  | VENDREDI |
|  | CHAMBERY |  | CHAMBERY / BOURGET |  | CHAMBERY |  | BOURGET |  | CHAMBERY |
| 12h30  13h30 | PREPARATION  PHYSIQUE | 12h30  13h30 | TRAINING  BOXING  FULL CONTACT | 12h00  13h30 | TRAINING BOXING  SUAPS | 12h30  13h30 | PREPARATION  PHYSIQUE | 12h30  13h30 | TRAINING  BOXING  FULL CONTACT |
|  |  |  |  |  |  |  |  |  |  |
|  | | | | 15h00  16h00 | KARATE  CP/CE1/CE2 |  | | | |
| 16h00  17h00 | KARATE  CM1 > COLLEGE |
| 17h30  18h30 | FULL CONTACT  7/11 ANS | **17h00**  **18h00** | **KARATE**  **CP/CE1/CE2** | 17h00  18h00 | FULL CONTACT  7/11 ANS | **17h00**  **18h00** | **KARATE**  **CP/CE1/CE2** | 17h30  18h30 | KARATE  CP/CE1/CE2 |
| 18h30  19h30 | FULL CONTACT  12/16 ANS | **18h00**  **19h00** | **KARATE**  **CM1 >COLLEGE** | 18h00  19h00 | FULL CONTACT  12/16 ANS | **18h00**  **19h00** | **KARATE**  **CM1>COLLEGE** | 18h30  19h30 | KARATE  CM1>COLLEGE |
| 19h30  20h30 | TRAINING BOXING  FULL CONTACT DEB | **19h00**  **20h15** | **FULL CONTACT**  **KARATE CONTACT** | 19h00  20h00 | TRAINING BOXING  FULL CONTACT DEB | **19h00**  **20h15** | **FULL CONTACT**  **KARATE CONTACT** | 18h30  20h00 | KARATE  ADULTES |
| 19h30  21h00 | FULL CONTACT  COMPETITEURS | **20h15**  **20h45** | **KARATE** | 20h00  21h30 | FULL CONTACT  ADULTES  AVANCES | **20h15**  **20h45** | **KARATE** | 19h30  21h00 | FULL CONTACT  ADULTES  AVANCES |

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Tarifs et horaires saison 2017/2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **TARIFS** | Cotisation | Licence  INSCRIPTION | -10% | SNCF | Pass région |
| 4/5 ans | 120 € | 40 € | 108€ | 90€ |  |
| Enfants  Etudiants | 180 € | 40 € | 162€ | 135€ |  |
| Lycéens | 230 € | 40 € |  |  | -30€ |
| Adultes | 230 € | 40 € |  | 173€ |  |

Réductions

- inscriptions multiples d’enfants d’une même famille : -10% par enfant

- réduction de 30€ avec la carte REGION

- réduction de 25% sur la cotisation pour les cheminots

Tarifs et horaires saison 2017/2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
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Réductions

- inscriptions multiples d’enfants d’une même famille : -10% par enfant

- réduction de 30€ avec la carte MR’A

- réduction de 25% sur la cotisation pour les cheminots

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | LUNDI |  | MARDI |  | MERCREDI |  | JEUDI |  | VENDREDI |
|  | CHAMBERY |  | CHAMBERY / BOURGET |  | CHAMBERY |  | BOURGET |  | CHAMBERY |
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