|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | LUNDI |  | MARDI |  | MERCREDI |  | JEUDI |  | VENDREDI |
|  | CHAMBERY |  | CHAMBERY / BOURGET |  | CHAMBERY |  | BOURGET |  | CHAMBERY |
| 12h3013h30 | PREPARATION PHYSIQUE | 12h3013h30 | TRAINING BOXING FULL CONTACT | 12h0013h30 | TRAINING BOXINGSUAPS | 12h3013h30 | PREPARATION PHYSIQUE | 12h3013h30 | TRAINING BOXING FULL CONTACT |
|  |  |  |  |  |  |  |  |  |  |
|  | 15h0016h00 | KARATECP/CE1/CE2 |  |
| 16h0017h00 | KARATE CM1 > COLLEGE |
| 17h3018h30 | FULL CONTACT 7/11 ANS | **17h00****18h00** | **KARATE** **CP/CE1/CE2** | 17h0018h00 | FULL CONTACT 7/11 ANS | **17h00****18h00** | **KARATE** **CP/CE1/CE2** | 17h3018h30 | KARATE CP/CE1/CE2 |
| 18h3019h30 | FULL CONTACT 12/16 ANS | **18h00****19h00** | **KARATE****CM1 >COLLEGE** | 18h0019h00 | FULL CONTACT 12/16 ANS | **18h00****19h00** | **KARATE****CM1>COLLEGE** | 18h3019h30 | KARATE CM1>COLLEGE |
| 19h3020h30 | TRAINING BOXINGFULL CONTACT DEB | **19h00****20h15** | **FULL CONTACT****KARATE CONTACT** | 19h0020h00 | TRAINING BOXINGFULL CONTACT DEB | **19h00****20h15** | **FULL CONTACT****KARATE CONTACT** | 18h3020h00 | KARATE ADULTES |
| 19h3021h00 | FULL CONTACTCOMPETITEURS | **20h15****20h45** | **KARATE**  | 20h0021h30 | FULL CONTACTADULTES AVANCES | **20h15****20h45** | **KARATE**  | 19h3021h00 | FULL CONTACTADULTES AVANCES |

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 Tarifs et horaires saison 2017/2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **TARIFS** | Cotisation | LicenceINSCRIPTION | -10% | SNCF | Pass région |
| 4/5 ans | 120 € | 40 € | 108€ | 90€ |  |
| EnfantsEtudiants | 180 € | 40 € | 162€ | 135€ |  |
| Lycéens  | 230 € | 40 € |  |  | -30€ |
| Adultes | 230 € | 40 € |  | 173€ |  |

Réductions

 - inscriptions multiples d’enfants d’une même famille : -10% par enfant

 - réduction de 30€ avec la carte REGION

 - réduction de 25% sur la cotisation pour les cheminots

 Tarifs et horaires saison 2017/2018

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **TARIFS** | Cotisation | LicenceINSCRIPTION | -10% | SNCF | Pass région |
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| Adultes | 230 € | 40 € |  | 173€ |  |

Réductions

 - inscriptions multiples d’enfants d’une même famille : -10% par enfant

 - réduction de 30€ avec la carte MR’A

 - réduction de 25% sur la cotisation pour les cheminots

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | LUNDI |  | MARDI |  | MERCREDI |  | JEUDI |  | VENDREDI |
|  | CHAMBERY |  | CHAMBERY / BOURGET |  | CHAMBERY |  | BOURGET |  | CHAMBERY |
| 12h3013h30 | PREPARATION PHYSIQUE | 12h3013h30 | TRAINING BOXING FULL CONTACT | 12h0013h30 | TRAINING BOXINGSUAPS | 12h3013h30 | PREPARATION PHYSIQUE | 12h3013h30 | TRAINING BOXING FULL CONTACT |
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